

CYBER THREATS & DEFENCE

Self-Assessment Worksheet

1. Threat Awareness

Threat Type	Monitoring?	Gaps	Your Action
Ransomware	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Supply Chain Attacks	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Insider Misuse	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Poor Cyber Hygiene	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Shadow IT	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Weak Passwords	<input type="checkbox"/> Yes <input type="checkbox"/> No		
AI Misuse	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Cloud Misconfigurations	<input type="checkbox"/> Yes <input type="checkbox"/> No		

2. Threat Intelligence Sources

Source	Using?	Gaps	Your Action
SOC Alerts	<input type="checkbox"/> Yes <input type="checkbox"/> No		
End Point Monitoring	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Vendor Threat Feeds	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Dashboards	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Secure Score	<input type="checkbox"/> Yes <input type="checkbox"/> No		
GTIA ISAO	<input type="checkbox"/> Yes <input type="checkbox"/> No		

3. Blind Spots & Compensating Controls

Blind Spot	Addressed?	Gaps	Your Action
Zero Day Exploits	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Misconfigurations	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Account Misuse	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Alerts without context	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Internal Audits	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Staff Training	<input type="checkbox"/> Yes <input type="checkbox"/> No		



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4. Action Steps

Area	Current Status	Your Action
SOC Alerts in Ticketing		
Vulnerability Prioritization		
MFA Implementation		
PAM Controls		
Zero Trust Adoption		
DLP & Encryption		
Secure Score Reviews		
AI Tool Vetting		

5. Build a Proactive Security Posture

Practice	Current Status	Your Action
Continuous Monitoring		
Automated Response		
Cloud Posture Management		
SLAs & Compliance		
Staff Training		

6. Takeaways & Commitment

Pick three items to prioritize this month.

Who can hold you accountable?

What will be achieved?

